

10-Step Family Emergency Plan

Step 1:
Identify potential
hazards where you
live and work

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Step 2:
Identify your
family meeting
place

Meeting Place No. 1:

(Close to home. eg: Across the street)

Meeting Place No. 2:

(Away from home but within walking
distance)

Out-of-province contact:

Name: _____

Phone #: _____

Cell #: _____

E-mail: _____

Choose an out-of-province contact that each family member can call to give and receive information about the rest of your family. Complete the out-of-area magnet and wallet card. Ensure this number is stored in your phone and each family member carries a card with them.

Step 3:
Identify your
out-of-area contact

Remember to update
your out-of-province
contact if it changes.

Step 4:
Prepare
emergency kits

(Refer to the
emergency kit
handout)

Grab-and-Go Kit

1. _____
2. _____
3. _____
4. _____
5. _____

Home Kit

1. _____
2. _____
3. _____
4. _____
5. _____

Office/Car Kit

1. _____
2. _____
3. _____
4. _____
5. _____

Step 5: Store Water

Water storage for 3 days (4 litres per person per day):

4 litres (L) x _____ x 3 days = _____
(# in family) (Amount to store)

Step 6:

Home Preparedness

(Refer to the home hazard handout)

Identify the hazards in your home:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Step 7:

Review utilities and fire protection

(Refer to the home hazard handout)



Remember to check smoke detector batteries when you change your clocks!

Location of smoke detector(s):

Location of fire extinguisher(s):

Post this
where it is
easily found

Step 8: Kids, seniors and special needs

Consider:

- Medical conditions and requirements
- Checking your school/ daycare emergency plans

Family members who may need additional help with emergency planning:

1. _____
2. _____

Step 9:

List pet's Grab-and-Go Kit

(Refer to Emergency Kits handout)

Some items you will need for your pet kit:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Step 10:

Practice and update your plan

Go over your plans at least twice a year, such as when the clocks change for Daylight Savings Time.

